Bad breath
Poor dental hygiene is putting a dampener on romance, according to Dentyl pH, the mouthwash experts. Their Kiss and Tell study, found that more than a third of respondents said they would avoid someone of the opposite sex with bad breath, while over a quarter would think such a person was generally unclean or unhygienic and one in 10 thought bad breath might be a sign of illness.

More than a quarter had avoided a potential partner because of that person's bad breath and nearly three quarters said they wouldn’t let a person with bad breath kiss them. While nearly a third had backed away from letting a person with bad breath, while over a quarter would avoid them. While nearly a third had backed away from a snog in the past for that reason.

A study also showed that poor oral health caused bad breath and had teeth in millions of adults in the UK and triggered killer diseases such as stroke, heart disease and birth defects.

Sally resigns
Sally Irvine has resigned from the General Dental Council's Appointment Committee. This was to avoid any potential conflict of interest with her new role as a member of the Council for Healthcare Regulatory Excellence. Ms Irvine was a lay member of the General Dental Council (GDC) from 1999 until the end of 2008. She chaired the GDC Standards Committee, and has been a member and chair of the GDC Investigating Committee. The process for appointing an interim chair for the Appointments Committee has begun and the process for appointing a replacement chair will begin shortly.

Free treatment
Children from Chernobyl have been breathing in the fresh air of Scotland and receiving free dental treatment at a dental surgery in Ayrshire. Ayr's Per Andersson practice gave free treatment to the children, who are here on a four-week visit. The group, Chernobyl Children Life Line, offer Ukrainian and Belarusian youngsters clear air to breathe– which can add two years to their life expectancy. The Chernobyl nuclear reactor accident in 1986 is considered to be the worst nuclear power plant disaster in history.

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Private dentistry booms on

Annual profits in the private dental sector have risen by £6,000, while profits for NHS practices have dropped, according to new figures.

The figures from the National Association of Specialist Dental Accountants (NASDA), show that during 2007/08, annual profits for NHS practices fell from £149,000 to £148,000, while profits rose in the private sector from £131,000 to £137,000.

Costs have gone up and on average a private practice is now spending £250,000 on materials, laboratory bills, wages, direct costs, and overheads while NHS practices spend around £220,000, equivalent to 59 per cent and 65 per cent of practice fee income, respectively.

These figures represent the end of the second year of the NHS dental contract.

Once again, the NASDA statistics show a considerable variation in the rate of Unit of Dental Activity with £24.58 being the average for practices and £26.10 the lowest. The average UDA rate for associates is £21.38.

Ian Simpson, a partner in NASDA member Humphrey and Co, and responsible for the compilation of this year's figures, said: ‘From what we are seeing, despite this small drop in profit, NHS practices are generally more profitable because they engage more associates. What we are also seeing are practices which are consolidating and operating more surgeries over longer hours or growing in size. This would appear to be the way that dentistry is going.’

NASDA also announced the results of its latest quarterly study of dental practice valuations and sale agreements.

Based on goodwill as a percentage of fee income, the figure for both valuations and sale agreements, for the quarter ending 51 January stood at 77 per cent. This compares with an average figure of 94 per cent for valuations and 85 per cent for deals for the quarter ending October 2008.

‘Appalling wait’ for Zach

A boy who is terrified of dentists, is being forced to wait 14 months to have specialist dental treatment under sedation under the NHS.

The parents of eight-year-old Zach from Plymouth, said they are ‘dismayed’.

Father, Leon Rander said: ‘I can’t believe they are prepared to leave children to wait that long to have dental treatment that’s needed. It’s appalling.’

Zach was referred for specialist dental treatment under sedation in September last year because he is terrified of dentists.

After hearing nothing for months, Mr Rander called the specialist and was told there was a 14-month waiting list for the treatment.

He said his son has a condition which means his teeth have thinner enamel than they should, which has contributed to him having seven cavities.

Zach is so terrified, he won’t open his mouth properly to let the dentist put his instruments in.

Patients with dental phobias are referred by their general dentist for some treatments, such as fillings or extractions, under sedation, commonly using nitrous oxide.

Alan Yardley, senior paediatric dentist and clinical director for NHS Plymouth dental services, has admitted that the waiting time for treatment under sedation is currently ‘much longer than we would want’ due to health and safety restrictions.

The nitrous oxide used for dental sedation can pose a hazard to clinical staff over an extended period of time, so staff exposure time needs to be limited. This means only three patients can be treated under sedation a day.

In 2006, an eight-year-old girl developed such a phobia of dentists that after having her teeth out under sedation, she refused to eat or drink and starved to death.